

NOVEMBER | 2019



EAST KNOX ELEMENTARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29

*There is always,
always, always
something to be
thankful for.*

31

1

Hot pocket pizza
Fresh veggies
Fresh fruit
Milk

4

Chicken sandwich
Ranch potatoes
Applesauce
Milk

5

Walking taco
Corn
Peaches
Milk

6

Spaghetti & meatballs
Salad
Garlic bread
Pears
Milk

7

Mini corn dogs
Steamed broccoli
Mixed fruit
Milk

8

French bread pizza
Fresh veggies
Fresh fruit
Milk

11

Sausage sliders
Green beans
Pineapple
Milk

12

Chicken strips
Scalloped potatoes
Tropical fruit
Milk

13

Hot dogs on bun
Baked beans
Fruit cocktail
Milk

14

Tomato soup
Crackers
Grilled cheese
Mixed fruit
Milk

15

Pizza
Fresh fruit
Fresh veggies
Milk

18

Chicken nuggets
Corn
Peaches
Milk

19

French toast sticks
Hashbrown
Sausage links
Mandarin oranges
Milk

20

Hamburger on bun
Sweet potato fries
Mixed fruit
Milk

21

Turkey
Mashed potatoes & gravy
Stuffing
Dinner roll
Pumpkin dessert
Milk

22



25

Ravioli
Salad
Garlic bread
Fresh fruit
Milk

26



Thanksgiving Bre
No School



News

BREAKFAST is FREE
to ALL students!!

OFFERED DAILY:

Bulldog lunchable

Chef salad

Pb&j with cheese

Fresh veggies

LUNCH MONEY DUE

Menu is subject to
change